



On behalf of the Medical Division and more specifically our Elderly Care Directorate, I would like to say a huge thank you to our volunteers for their generous donation of £610.50, proceeds from the raffle held at the thank you lunch.

We are extremely grateful for the time and dedication that this fantastic group of people continue to give to our Hospital. The money raised will be used to support further improvements to our ward areas including quiet rooms for our elderly patients and those with dementia to create a more comfortable and homely atmosphere.

Thank You!

Amanda Pattullo
Divisional Manager - DME, Stroke & Rehab

Supporting our patients and families at end of life

If you would like to support this service we have arranged 2 drop in sessions where you can chat to both volunteers and staff about the role.

Drop in: 24 January 2017 2-3pm – room 2, Education Centre, APH
25 January 2017 10-11 – room 7, Education Centre, APH

Education Sessions:

7 February 9.30-12.30 – room 7 Education Centre, APH
14 February 9.30-12.30 – Clinical Skills room B, APH
28 February 9.30-12.30 – room 7 Education Centre, APH

Assisting at mealtimes training dates 2017

Tuesday 7 February 1.30-2.30 – Clinical Skills Dept, APH
Tuesday 2 May 10.30-11.30 – Clinical Skills Dept, APH

Please remember never share your password or door access codes and maintain confidentiality at all times



WUTH – It's all about U!

In addition to having a hard-working and committed workforce, we are lucky to have hundreds of dedicated volunteers who kindly donate their skills, time and assistance to our hospitals for free. We would like to introduce Cathy Rose, and find out about the important contribution she makes to patient care through her volunteering roles.



Cathy, from Meols, has been volunteering at Arrowe Park Hospital for two years and is a familiar face in Outpatients, Endoscopy, Ward 10 and Ward 22. Having been made redundant from a residential care home after working there for a number of years, Cathy still wanted to make use of her health and social care experience and qualifications while also helping people in need. Her duties range from signposting and being a friendly face in outpatients, to reminiscence activities with elderly inpatients and helping ward staff with meal times.

Cathy explained: "In Outpatients, I assist patients arriving for their appointments with using the self check-in kiosks. I also direct or accompany them to their clinic and give their details to the clerk. I make drinks for patients in Endoscopy when they are moved to the discharge lounge and keep them company with the aim of putting them at ease after their procedure.

"On Ward 10, I help nursing staff to serve meals to patients then collect the trays after they have finished eating. I am pleased to have been given the chance to do some training, which means that I can also now assist patients who are unable to feed themselves.

"Every Tuesday, I help the reminiscence team with activities on Ward 22. After being given a list of patients to visit, I go and chat to them about old times, watch a film or listen to some music. They are really grateful for the company and I feel good knowing that I have been able to put a smile on someone's face."

As well as volunteering three days a week at the Trust, Cathy is also undertaking maths and English courses at Wirral Met College and feels that being a volunteer can be rewarding in many different ways. She said: "Even if I get a paid job in the future, I would still want to volunteer. I have always wanted to work in a hospital and I'm getting a lot out of being here.

"As well as the satisfaction of knowing that I am making a difference, I get to put my existing skills to good use while also gaining new ones and expanding my experience. The staff I support are really grateful for my time, which is nice, and the patients seem to enjoy my company.

"I would advise anyone who is considering a volunteering role to go for it. It is so worthwhile."