

# **Video Swallow (Videofluoroscopy) X-ray**

## **What is a Video Swallow?**

This test is used as part of an assessment of your child's swallowing patterns. The X-ray machine is connected to a DVD recorder and a recording is made of your child swallowing a range of foods from solid through to liquid.

The food is mixed with barium sulphate which shows up on the X-ray screen. The barium does not taste unpleasant and is easily digested.

As children are usually more receptive to familiar food, we would like you to bring with you:

- 1 A favourite drink
- 2 A favourite pudding or savoury with a yoghurt or mousse consistency
- 3 A favourite biscuit

Your child will be strapped into a chair similar to a car seat which is then placed between the X-ray tube and the X-ray table. You will stay with your child throughout the examination. The length of the procedure depends on how co-operative your child is about eating, but usually will take approximately 30 minutes.

For adults – you will have been advised of the procedure by your speech and language therapist.