

WUTH Breast Pain Assessment Clinic

Primary Care Referral Guide

This service is for:

Female patients presenting with breast pain as the sole symptom.

This clinic provides:

- ✓ Specialist clinical breast examination
- ✓ Family history risk assessment
- ✓ Clear reassurance and management plan

⚠ No imaging will be performed at the initial visit ⚠
Imaging will be arranged later if clinically indicated

HOW TO REFER

Reassure patient that breast pain alone is not a cause or symptom of breast cancer



STEP 1 - Referral Form

- Use the **WUTH Breast Service Referral Form**
- Select tick box "**Patients with breast pain alone (no palpable abnormality)**"



STEP 2: e-RS Selection

Select:

Urgent Suspected Cancer Breast - Breast Pain Assessment - Victoria Central Hospital RBL

PATIENT INFORMATION

Location: Clatterbridge Hospital main site

WHO IS THIS CLINIC NOT FOR?

Please DO NOT refer patients with:

- ✗ Male gender
- ✗ Breast implants in situ
- ✗ Personal history of breast cancer
- ✗ ANY additional breast symptoms, e.g.:
 - Lump
 - Thickening or lumpiness
 - Nipple discharge or inversion
 - Skin changes
 - Change in breast size, shape, or contour

👉 **If there are additional symptoms, refer via the appropriate Clatterbridge USC pathway instead.**

ANY QUESTIONS?

Contact the WUTH Breast Pain Coordinator



wuth.breastpain@nhs.net



0151 482 7689