

Date: 17th September 2026

Highlighting Martha's Rule on World Patient Safety Day

As part of World Patient Safety Day, Jennifer Merritt, Martha's Rule Project Nurse has been spending time on wards reiterating the importance of Martha's Rule which empowers patients, families and carers to seek an urgent review if they are worried that a patient's condition is deteriorating.

Martha's Rule reinforces our commitment to listening to patients and those closest to them. While we encourage concerns to be raised with the clinical team caring for the patient in the first instance, Martha's Rule provides an additional route to access a rapid clinical assessment when concerns persist.



Patient safety is everyone's responsibility. By fostering a culture where people feel confident to speak up and where staff actively listen and respond, we can identify deterioration earlier, improve outcomes and strengthen patient-centred care.

On World Patient Safety Day, we encourage all colleagues to familiarise themselves with Martha's Rule and to continue to champion open communication, compassionate care and a relentless focus on safety.

To activate a Martha's Rule call, the Critical Care Outreach Team can be contacted on ext 7676 or 0151 604 7676.

For more information, visit the [Martha's Rule staff intranet pages](#) in the Deteriorating Patient section.