

Date: 6th August 2026

Navigating change - Noticing Change in Yourself Masterclass

With WUTH and WCHC continuing to come together and colleagues across both organisations experiencing change, there could not be a timelier opportunity to explore how we respond to change ourselves.

All colleagues are encouraged to join Noticing Change in Yourself, a masterclass with Mark Green, founder of Change Rebellion, on Wednesday 12th August from 1.30pm to 3.30pm.



Change can affect people in different ways. Understanding our own thoughts, feelings and behaviours during periods of uncertainty can help us navigate change more effectively, support those around us and adapt to new ways of working.

The session provides an opportunity to reflect on your own response to change and take away learning that can be applied to the organisational changes currently taking place across WUTH and WCHC.

About Mark Green

Mark has more than two decades of experience leading transformational change and supporting organisations and their people through periods of transition.

As founder of Change Rebellion, his approach focuses on the human side of change, recognising that successful transformation is not simply about introducing new structures, processes or technology. It is about understanding and supporting the people experiencing it.

Whether you are directly affected by change, leading a team through it or supporting colleagues, there will be useful learning to take away from the session.

- Wednesday 12th August
- 1.30pm to 3.30pm

Colleagues can attend in person at the Lecture Theatre, Arrowe Park Hospital, or join online via MS Teams, making it easy to take part wherever you are based.

All WUTH and WCHC colleagues are welcome and encouraged to attend.



**Wirral University
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Please enrol online using the relevant WUTH or WCHC booking link below.

- WUTH staff [click here](#) to book
- WCHC staff [click here](#) to book