

Date: 23rd July 2026

Clarification on the purpose of Ward M1

To ensure colleagues, patients, families and partner organisations receive consistent and accurate information, we would like to clarify the purpose and function of Ward M1 at Clatterbridge Hospital.

It has become apparent that M1 is sometimes being referred to as a rehabilitation ward. This can unintentionally create false expectations for patients and their families about the level and intensity of therapy available, expected recovery, length of stay and discharge destination.

**Clarification on the purpose of Ward M1**



Ward M1 is **not** a rehabilitation ward.



M1 is for patients who are medically optimised, or nearing medical fitness for discharge, but who require ongoing inpatient support while discharge arrangements are progressed.



Patients on M1 may continue to receive nursing care, therapy input, social care assessments and multidisciplinary support to help facilitate a safe and timely discharge.



Physiotherapy, occupational therapy and other specialist services may be involved in care to assess needs, maintain function and support discharge planning.
This is not an intensive rehabilitation programme.



Colleagues are asked to ensure patients and their families are provided with clear and accurate information about the purpose of Ward M1 to help manage expectations and support a positive patient experience.



Ward M1 is not a rehabilitation ward.

M1 is intended for patients who are medically optimised, or nearing medical fitness for discharge, but who require ongoing inpatient support while discharge arrangements are progressed.

Patients on M1 may continue to receive nursing care, therapy input, social care assessments and multidisciplinary support to help facilitate a safe and timely discharge from hospital.

Whilst physiotherapy, occupational therapy and other specialist services may be involved in a patient's care, their role is to assess needs, maintain function and support discharge planning. This should not be described as an intensive rehabilitation programme.

Colleagues are asked to ensure patients and their families are provided with clear and accurate information about the purpose of Ward M1 to help manage expectations and support a positive patient experience.