

Date: 25th June 2026

Two Great Reasons to Take a Break - Let's Celebrate the NHS and Say Thank You!

It's time to pop the kettle on and celebrate two special days together.

Sunday 6th July marks Thank You Day, a national celebration encouraging us to recognise and thank the people who make a positive difference in our lives. Whether it's family, friends, neighbours or colleagues, it's the perfect opportunity to show appreciation with a simple act of kindness.

Alongside this, we're also celebrating the 78th birthday of the NHS through the annual NHS Big Tea on Monday 7th July.

What better way to celebrate both occasions than by taking a break with your colleagues and saying a heartfelt "thank you"?

Why not get involved?

- Make Your Colleague a Cuppa - Before making your own tea or coffee, ask a colleague if they'd like one too. Small gestures can make a big difference.
- Cakes at Break - Bake or buy some cakes and enjoy a sweet treat together.
- The Big Tea Quiz - Grab a brew, team up and test your trivia knowledge with a quick celebration quiz.
- Raise a cuppa - and vital funds!

As part of NHS Big Tea 2026, why not host your own tea party between 5th and 31st July to raise money for one of our Big 8 Funds?

Whether it's tea and biscuits with your team or a full afternoon tea, every pound raised will help support patients, families and staff across our hospitals.

The WUTH Charity Team can provide fundraising materials, ideas and support.

- Email: wuth.charity@nhs.net
- Ext. 7226 or 7815

Let's use these celebrations to reflect, thank those around us, appreciate our incredible NHS, and recognise the amazing difference we make together every day.



Wirral Community Health and Care
NHS Foundation Trust

Wirral University Teaching Hospital
NHS Foundation Trust



DOUBLE CELEBRATION!

6TH & 7TH JULY 2026

Two Great Reasons to Take a Break: Let's Celebrate the NHS & Say Thank You!

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THANK YOU DAY 6TH JULY 2026

Thank You Day is a heartfelt celebration that encourages individuals and communities across the UK to express gratitude to those who make a positive impact in our lives. Whether it's family, friends, colleagues, or community members, it's a day to say thank you and make someone's day brighter.

NHS BIG TEA 7TH JULY 2026

We're celebrating the 78th birthday of the NHS through the annual NHS Big Tea celebration – a chance to come together, take a breather and recognise the amazing work our NHS does every day.

What better way to acknowledge both occasions than to say **thanks** to your colleagues in work and do something nice. ♥

MAKE YOUR COLLEAGUE A CUPPA

Small gestures go a long way. Before you make your own tea or coffee today, check in on a colleague and make them one too.

CAKES AT BREAK

Bake or buy some cakes for your colleagues and enjoy a sweet treat together.

THE BIG TEA QUIZ

Grab a brew, team up, and put your trivia knowledge to the test with a quick celebration quiz.

Let's use this day to reflect, say a heartfelt "thank you" to those around us, and appreciate our wonderful health service and the amazing things that we do. ♥

TOGETHER, WE CARE. TOGETHER, WE CELEBRATE. ♥