

Date: 4th June 2026

Children and Young People with diabetes come together for first event at The Hive

Yesterday, our Paediatric Diabetes Nurses held their first event at The Hive in Birkenhead for children and young people supported within our diabetes service, bringing together 15 children and young people living with Type 1 diabetes alongside their friends for a day focused on fun, activity and peer connection.

Supported by Diabetes UK, the event created a welcoming and engaging environment where children and young people could enjoy a variety of activities while building confidence and developing social connections with others who share similar experiences.



Throughout the day, participants took part in table tennis, pool, air hockey and table football, encouraging teamwork and friendly competition. Young people also enjoyed a relaxing beauty room with hair styling and nail activities, alongside a lively music room which provided opportunities for creativity and self-expression.

The climbing wall proved a great opportunity to build confidence and resilience, while basketball and football encouraged physical activity and participation. Archery was particularly popular and gave participants the chance to try something new.

The event also included a hands-on cooking session, helping children and young people develop independence and practical life skills, including carbohydrate counting and building confidence in managing their condition.

Importantly, the day gave children and young people the opportunity to socialise, build friendships and feel less isolated in living with diabetes. It also supported confidence in balancing physical activity with diabetes management, an important skill for everyday life.

Feedback from children, young people and parents was extremely positive, highlighting how valuable these opportunities are in supporting emotional wellbeing and self-management skills.

Following the success of the event, the team hopes to hold more events in the future to reach and support even more children and young people living with diabetes across Wirral.