

Date: 28th May 2026

Training and support opportunities available for managers and corporate staff

A range of training and support opportunities continue to be available for managers and corporate staff across WUTH, helping colleagues build confidence, develop skills and navigate organisational change.

Crucial Conversations Training

Crucial Conversations Training is available for all managers across the Trust.

The supportive and interactive sessions focus on helping colleagues navigate sensitive conversations, raise issues impacting patient care and address performance concerns with confidence and professionalism.

The training aims to help managers strengthen relationships, build trust and drive positive change through practical communication skills and techniques.

Sessions are available from April to June via MS Teams and face-to-face.

To book, colleagues can search ESR using:

- WUTH course code: 408
- Search term: “crucial”

For further information contact: wirral.od@nhs.net.

Strengthening Resilience

Strengthening Resilience sessions are also available for corporate staff across both organisations.

The short sessions help colleagues understand why resilience matters, how the mind responds to stress and challenge, and explore practical tools and strategies to navigate uncertainty and change with greater confidence.

Sessions are available from May to September via MS Teams and face-to-face.

To book, colleagues can search ESR using:

- WUTH search: “408 resilience”



For further information contact: wirral.od@nhs.net.

Interview Skills Training

As part of the ongoing corporate integration work, Interview Skills Training continues to be available for corporate staff affected by organisational change.

The supportive and structured sessions cover:

- Managing applications
- CV and cover letter writing aligned to job descriptions
- Interview preparation and structuring evidence-based responses
- Techniques to reduce interview pressure and build confidence

The training offers colleagues an opportunity to refresh their skills in a supportive environment, particularly if it has been some time since they last attended interviews or applied for roles.

Colleagues can book via ESR.