

Date: 4<sup>th</sup> December 2025

## Pump Up Positivity - Supporting Community Health and Wellbeing

A group of local parents, including Kiri Smith from our 1st Floor Therapies Team, are campaigning for the development of a new cycle pump track in the Bebington area.

While this is a community initiative, it has clear links to the wider aims of the NHS. Safe, accessible outdoor spaces encourage regular physical activity, support children and young people to build confidence and coordination, and help families stay active together. Evidence shows that increased physical activity in childhood supports long-term health and can reduce future strain on health services.

The proposed pump track would be inclusive, free to use, and designed to offer a safe environment for riding, playing and developing bike skills, helping to promote healthier lifestyles across the local area.

Kiri and the team are seeking support from colleagues to strengthen their petition as they explore funding options and community backing.

If you would like to support the project, please sign and share the petition. Anyone wishing to get involved further is welcome to get in touch.

Sign the petition: <https://c.org/NRCTZDyQrs>

Contact: [kiri.citrine@nhs.net](mailto:kiri.citrine@nhs.net)



Help us build a community pump track

## Pump up Positivity!

**What is a pump track?  
Why do we need one?**

A dedicated, fun space that promotes physical health and boosts overall community well-being for riders of every age.

Provides a safe, designated outdoor hub where children can confidently play, ride, and develop bike skills.

A sustainable community asset that guarantees a free, engaging source of activity for years to come

Instantly transforms an area into a vibrant centre for outdoor activity, drawing the community together.

Get involved by signing the petition today.

Scan the QR Code



For further information and more ways you can support, please contact Amy or Kiri

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[Planning our children's future](#)